

SimpleXMLElement Object into array

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How do I put the value of an SimpleXMLElement Object into any array

If \$title is SimpleXMLElement Object ([0] => Mother)

how do I get "Mother" and put it in an array ? ;

if I echo \$title, it says "Mother" but if I put it in an array

```
$myarray=array($title);
```

```
the array is Array ( [0] => SimpleXMLElement Object ( [0] => Mother ) )
```

I don't want that I want

```
Array ( [0] =>Mother ) )
```

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